

What is Iridology?

Iridology is a method to assess one's state of health by specific colors, marks and signs in the iris of the eyes as well as the pupil and sclera. The iris of the eye is a map where each place represents a different organ or system.

In Iridology we apply "holistic health". We view the body as a whole rather than only as specific parts. Our cells, organs and body systems interact together, not separately. When one organ is not functioning well, the whole body is affected.

Iridology generally reveals the state of the organs and body systems but not any particular disease. While specialized modern medicine often focuses on a specific area and the root of the problem remains, Iridologists view the body holistically - they don't treat just a symptom - and tackle the root of the problem.

Ignatz von Peczely (physician, born 1826 in Hungary) is known as the father of iridology. As a child, he accidentally broke an owl's leg. He observed that a black line formed in the owl's lower iris at the time of the injury. After the owl's leg healed, the young von Peczely noted that the black streak had changed appearance. Later as a physician, he treated a patient with a broken leg in whose eye he observed a black streak in the same location as on the injured owl's iris. Von Peczely became intrigued by the possibility of a connection between diseases and eye markings. After several decades of comparative study, he published his theories in his first book in 1881.